



## What is bullying?

Bullying is both behaviour and impact; what someone does and the impact it has on a person's capacity to feel in control of themselves. We call this their sense of 'agency'.

Bullying takes place in the context of relationships. It is behaviour that can make people feel hurt, threatened, frightened and left out and it can happen face to face and online

## Bullying is not...

- Disagreements or falling out
- More serious behaviours, e.g. physical assault, sexual assault, sharing indecent images, theft, hate crime.

If the behaviour is more serious, we follow Child Protection or Risk Management procedures.

