Overview of *Speak out. Stay safe.*

The NSPCC **Speak out. Stay safe.** programme is a child protection programme available to all primary schools across Scotland.

A trauma informed approach is central to our work. Our **Speak out. Stay safe.** resource has now been refreshed to greater reflect this. The ways children learn at different developmental stages and their different learning styles have also been used to inform the development of our resource.

More information on *Speak out. Stay safe.* can be found by following this link to our website *Speak out. Stay safe.* or using the QR Code below.

Aims of *Speak out. Stay safe.*

Speak out. Stay safe. online fits with the Articles of the UNCRC and the Curriculum for Excellence: Health and Wellbeing - Experiences and Outcomes (a Curriculum Links Document will be provided with this resource).

The programme aims to help children understand:

- abuse in all its forms and how to recognise the signs of abuse
- that abuse is never a child's fault and they have the right to be safe
- where to get help and the sources of help available to them, including our Childline service.

Content of *Speak out. Stay safe.*

This virtual resource is available for P1-3 (5-7yrs) and P4-7 (7-11yrs) pupils. It includes child-friendly interactive video presentations (that can be delivered by teachers to individual classes or to larger assembly groups) in addition to the provision of supporting classroom resources.

Content includes:

- Curriculum Links Document

- Parent/Carer's letter

- Interactive virtual assemblies for children aged 5-7yrs (20 mins) and 7-11yrs (30 mins), available in English and BSL. There is also an adapted six week *Speak out. Stay safe.* programme for children with additional support needs (ASN) - if you would like further details of this, please complete the information request section in the form in the main email.

- Virtual Assembly Lesson Plan (5-7yrs & 7–11yrs)

- Post Assembly Lesson Plans (5-7yrs and 7-11yrs)

- Completion Certificate