

Developmental Coordination Disorder (DCD, Dyspraxia)



About 6% of the population have Dyspraxia.

Things we might find tricky are:

- Coordination and balance
- Handwriting, typing, and drawing
- Tying shoes
- Using scissors
- Riding a bike and playing sports
- Brushing teeth, and getting dressed

But we might be great at:

- Being creative
- Having determination
- Developing our own strategies to overcome difficulties